

APPLE

netWeight

Nutritional Facts			
Serving Size 1.8 ozs			
Servings Per Container 12			
Amount Per Serving			
Calories	180	From Fat	80
% Daily Value			
Trans Fat	2 g		
Total Fat	9 g		13 %
Saturated Fat	3 g		11 %
Polyunsaturated Fat	1 g		
Monounsaturated Fat	4 g		
Cholesterol	5 g		2 %
Sodium	160mg		7 %
Total Carbohydrate	23 g		8 %
Dietary Fiber	1 g		2 %
Sugars	13 g		
Protien	3 g		
Vitamin A	6 %	Vitamin C	0 %
Calcium	6 %	Iron	0 %
Thiamin	6 %	Riboflavin	0 %
Niacin	6 %		

Ingredients: KRINGLE DOUGH: Enriched Bleached Flour (Bleached Wheat Flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Margarine (hydrogenated soybean and cottonseed oils, skim milk, vegetable mono and diglycerides and soy lecithin, vitamin A palmitate, beta carotene, artificial flavor), Eggs, Water, Non-Fat Dry Milk, Sugar, Yeast, Salt, Malt, Calcium Propionate, FILLING: Brown Sugar (sugar, invert sugar, cane molasses), Vegetable Shortening (hydrogenated soybean and cottonseed oils), Enriched Bleached Flour (Bleached Wheat Flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), water, salt, cinnamon, APPLE: (apples, (sodium metabisulfite, preservative), water, corn syrup, sugar, modified food starch, citric acid, (potassium sorbate, preservative), salt, cinnamon, nutmeg, ICING: Powdered Sugar (sugar, cornstarch), Water, Stabilizer (dextrose, calcium sulfate, calcium carbonate, agar, locust bean gum, titanium dioxide), Vegetable Shortening), Natural & Artificial Flavors