

# MACADAMIA NUT

## Nutritional Facts

Serving Size 1.8 ozs  
Servings Per Container 12

### Amount Per Serving

Calories	250	From Fat	150
% Daily Value			
Trans Fat	3 g		
Total Fat	17 g		26 %
Saturated Fat	4 g		19 %
Polyunsaturated Fat	1 g		
Monounsaturated Fat	9 g		
Cholesterol	5 g		2 %
Sodium	160 mg		7 %
Total Carbohydrate	24 g		8 %
Dietary Fiber	1 g		3 %
Sugars	15 g		
Protien	4 g		
Vitamin A	6 %	Vitamin C	0 %
Calcium	6 %	Iron	0 %
Thiamin	6 %	Riboflavin	0 %
Niacin	6 %		

Ingredients: KRINGLE DOUGH: Enriched Bleached Flour (Bleached Wheat Flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Margarine (hydrogenated soybean and cottonseed oils, skim milk, vegetable mono and diglycerides and soy lecithin, vitamin A palmitate, beta carotene, artificial flavor), Eggs, Water, Non-Fat Dry Milk, Sugar, Yeast, Salt, Malt, Calcium Propionate, FILLING: Brown Sugar (sugar, invert sugar, cane molasses), Vegetable Shortening (hydrogenated soybean and cottonseed oils), Enriched Bleached Flour (Bleached Wheat Flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), water, salt, cinnamon, Macadamia Nuts, ICING: Powdered Sugar (sugar, cornstarch), Water, Stabilizer (dextrose, calcium sulfate, calcium carbonate, agar, locust bean gum, titanium dioxide), Vegetable Shortening), Natural & Artificial Flavors